



FACIAL TREATMENTS

DETOX 50/80 MINS £80/£115)

A deep cleansing facial, designed to detox skin at a cellular level, ideal for those who are always on the go or who lack a regular sleep cycle. A detox facial with cupping therapy to increase blood flow, aid drainage of fluids, reduce puffiness and help firm. Leave feeling rejuvenated with a smoother, younger-looking complexion.

AGE-DEFYING FACIAL (60 MINS £95)

A powerful, highly effective and luxurious Irene Forte facial, using hot and cold volcanic stones from Mount Etna. A double mask application promotes skin firmness, hydration and radiance. Our Forte signature triple facial massage stimulates circulation, oxygen and nutrient flow to the skin, enhancing natural collagen production.

EB & GLOW (25 MINS £55)

An exfoliating enzyme peel on the face and neck renews the skin, followed by a deep-cleansing massage and a moisturizing mask to refresh and rebalance, encouraging cell turnover.

These express 25min therapies do not come with pool access.

MASSAGE

EB DEEP TISSUE (50 MINS £90)

This deep massage relieves discomfort of stressed muscles and joints, and promotes circulation for overall wellness. Similar in pressure to a sports massage this is a targeted pressure treatment.

EB & FLOW SIGNATURE (50 MINS £85)

Your tailored spa experience ensures this full body massage adapts to your desired pressure using our Ebrington grounding and restorative oil. Benefits include increased circulation, improved flexibility, and purging toxins from the muscles.

GREAT EXPECTATIONS

PRE NATAL MASSAGE (50 MINS £85)

Rest supported by linen pillows and enjoy this mother to be delight. This cocooning massage uses delicate floral wild rose body oil and is a pre birth treat which can be enjoyed by expectant mothers after the first trimester.

EB AROMA BACK (25 MINS £55)

Let your therapist choose between a magnesium rich or aromatherapy laden oil for this back neck and shoulder massage ideal for those who are time conscious yet need the hands on therapy of this targeted massage.

These express 25min therapies do not come with pool access.

BODY TREATMENTS

REGENERATING HIP-TO-TOE TREATMENT (60 MINS £100)

A luxurious and deeply revitalising full leg and foot treatment. A sea salt leg scrub, with a lymph draining massage to tone the legs. The application of a vasoactive leg mask to detox also improves the skin's texture. To finish, a relaxing reflex point foot massage results in the ultimate feeling of lightness from hip-to-toe.

WILD ATLANTIC SCRUB (50 MINS £85)

Choose from a refreshing sea salt and buckthorn scrub or aromatic sugar scrub for all over exfoliation. Followed by a nourishing warm Ebrington oil application to keep skin soft for days after. This is the ideal pre holiday skin preparation.

SEASONAL OFFERS

Please check with the Spa at The Ebrington for Seasonal and Package offers.

If you have any specific requirements or requests please contact the Spa reception team and we shall do our best to facilitate your relaxation.



Hotel residents receive an additional 10% off any Treatment or Package
Please contact us for details.

WWW.THEEBRINGTONHOTEL.COM