



WINTER SPA OFFERS



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WINTER WELCOME

Let us welcome you to the Spa at The Ebrington with the warmth of a hot stone massage delivered with muscle warming ginger oil to enhance the therapeutic effect of this treatment. Ideal to help relax tightened muscles followed by a signature Ebrington mini facial to leave you glowing for the season ahead.

You may also opt for our personalised Head to Toe Swedish Full Body Massage and includes a head & scalp massage. This therapeutic treatment aids in the release of aching muscles, improve circulation, using EB warm scented oil to help relax the mind and body.

Offer Includes:

- Hot Stone Massage (50 mins) & Bespoke Mini Facial (30min)

OR

- Swedish Full Body Massage Head to Toe (80 mins)
- Spiced Cordial on arrival
- Full use of thermal spa facilities (45 mins)

October – March (80 mins) £135pp | Available Monday – Friday

CIRCLE OF FRIENDS CELEBRATION PAMPER DAY

Join us in celebrating the Hotel of the year AA Award with this unique group offer.

It is difficult to find time to get together but when you do so at The Ebrington Spa, it is therapy in so many ways. Gather your group of close friends or relatives for a wellness spa day with a glass of Prosecco, therapeutic time in the thermal area followed by a choice of a 50-minute spa treatment and leave feeling refreshed and revived. Ideal for a party of 4 or more.

Offer Includes:

- Choice of 1 x 50 Minute Treatment from:
- Signature Glow Facial. Restful Body Massage. Back, Neck, Shoulder, Décolletage & Scalp Massage.
- Full use of thermal spa facilities (45mins)
- Glass of Prosecco on arrival

Thermal Suite (45 mins) Spa Treatment (50 mins) £85pp | Available Monday-Thursday

AFTERNOON TEA DELIGHT

The Ebrington's popular "Traditional Afternoon Tea" is the perfect way to finish your spa day voyage. Check into our luxurious spa and enjoy tranquil thermal time before your treatment selection, with our professional therapists. Enjoy a glass of bubbles served in the Relaxation Suite before savouring a selection of savoury and sweet bites in The Oak Room Restaurant.

Offer Includes:

*Choose from 1 x 50 mins treatment:

- Ebrington Botanical Signature Facial.
- Back, Neck, Shoulder, Décolletage & Scalp Massage.
- Face & Décolletage Massage with Hand & Arm Massage followed by Leg & Foot Massage.
- Tranquil "Back of the Body" Massage incorporating legs, back, neck & scalp.
- Ebrington Taster Facial & Back Massage.

Spa Treatment (50 mins) Spa Thermal Suite (45 mins) Afternoon Tea
Midweek £110 (Monday-Thursday) Weekend £ 125 (Friday-Sunday)

URBAN DE-STRESS PAMPER DAY WITH LUNCH

Ebrington's exquisite pamper spa day experience is our very popular Urban De-Stress. A trip to our luxurious thermal suite followed by a personalised treatment for you to completely relax with our EB professional therapists. Chill out in our relaxation suite with a glass of bubbles before completing your voyage at The Oak Room Restaurant with our delicious 2-course lunch from Urban De-Stress Menu

Offer includes:

Choice from: 1 x 50mins treatment:

- Ebrington Botanical Signature Facial.
- Back, Neck, Shoulder, Décolletage & Scalp Massage.
- Face & Décolletage Massage with Hand & Arm Massage followed by leg & Foot Massage.
- Tranquil "Back of the Body" Massage incorporating legs, back & scalp.
- Ebrington Taster Facial & Back Massage.

Spa Treatment (50 mins), Spa Thermal Suite (45mins) & 2 Course Lunch

Midweek £110 (Monday-Thursday) Weekend £ 125 (Friday-Sunday)

RIVER & ROOTS

Real relief for calves & feet. Constant standing, walking, running, and being on the go create lower leg fatigue that resonates throughout the entire body. An invigorating and refreshing foot soak and scrub followed by a ginger & peppermint infused massage, leaves soles soothed and smoothed. Real results are achieved through massage, customised reflexology points, and stretching techniques specific to the calves and feet, providing benefits felt from the hips to the toes.

Offer includes:

- Includes Foot Scrub & Hot Stone Massage on lower Legs & Feet
- Full use of Thermal spa facilities (45 mins)

50 Mins Treatment - £85

TASTE OF RELAXATION

Enjoy a little taste of relaxation this Winter at The Spa at Ebrington with 2 gorgeous treatments and relaxation cocooned in our thermal suite.

Offer includes:

- Full use of Thermal spa facilities - 45 mins including refreshments,
- Choice of 2 Taster treatments from: Back Massage, Back Exfoliation, Indian Head Massage, Reflex Foot & leg Massage with Hand and Arm, Signature Lifting & Hydrating Facial.

50 Mins Treatment - £85

PRE & POSTNATAL DELIGHT

A unique massage and facial ritual which works in synergy with a woman's complex hormonal system to envelope and nurture with our distinctive blend of adaptogen aromatherapy serums and oils.

Offer includes:

- Full use of Thermal spa facilities - 45min
- Body massage and bespoke facial

80 Mins Treatment - £140

DECADENT DUO

Spend quality relaxation time with your partner in the luxurious surroundings of our couple's suite at the Spa at Ebrington. Float and unwind in our dedicated spa thermal before enjoying a full body massage and mini facial each in our specialist couples therapy room. Recline post treatment in the relaxation suite and enjoy a glass of prosecco and a chocolate dipping platter.

Offer includes:

- Full use of Thermal spa facilities (45min)
- Swedish Full Body Massage (50min)
- Facial (30min)
- Prosecco & Chocolate Platter

80 Mins Treatment - £130pp | October - March



SPA OPENING TIMES

THERMAL SUITE
Monday to Sunday 9am - 8pm

TREATMENTS
Monday to Saturday 10am - 7pm
Sunday 10am - 5pm

CONTACT US

Email: Spa@theebrington.com
Call: 02871 220700
www.theebringtonhotel.com